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## X-ray Information

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## What is an X-ray?

An X-ray (plain film radiography) is a painless medical test which helps physicians diagnose medical conditions.

X-rays are the oldest and most frequently used form of medical imaging. In an X-ray a small amount of radiation is passed through a selected part of the body to produce an image of that part of the body.

## What's involved?

Most X-rays require no special preparation. You may be asked to remove some or all of your clothing and to wear a gown during the examination. You may also be asked to remove jewellery which might interfere with the X-ray images.

You will be asked to lie on a table or stand against a surface so that the part of your body being imaged is between the X-ray machine and the imaging plate (similar to a photographic film). You will have to keep still so the image is not blurred.

To give more information, the radiographer (the healthcare professional who operates the equipment) may take more than one image from different angles



## X-ray during pregnancy

If you are pregnant having an X-ray may not be an option. This depends on the type of X-ray that you need to have, as the levels of radiation exposure vary. Even though the risk to your baby is considered low, it is likely that your GP will advise you to postpone any unnecessary X-rays until after giving birth.

In the event of pregnancy, alternative imaging modalities may be more suitable and your referring doctor can advise.

Females will be asked for the date of their last period before having an X-ray. This is simply to check if there is any chance of pregnancy. Please inform the radiographer if there is any chance of this.

## Where and when do I get the result?

The Radiologist (specialist medical consultant) will write a report to your referring doctor detailing the findings of the X-ray. You can get the results from your referring doctor or in your Affidea Connect account after 14 days.

## Any other questions?

If you have any other questions, worries or doubts, please do not hesitate to ask one of our team or contact us prior to your appointment .

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